SPECIAL EDUCATION SOLUTIONS NETWORK / FREE PLANNING TOOL

Transition Planning Conversation Guide

Use these prompts to support a person-centered conversation about goals and possible next steps after school. Adapt them to the individual.

Start with the person

- What activities, subjects, or interests matter most to the person?
- What are they curious about trying or learning?
- What communication approach helps them share preferences?

Explore possible directions

- Education, training, or postsecondary learning options.
- Employment, volunteering, or work experiences to explore.
- Community participation, relationships, and recreation.
- Daily living, transportation, and accessibility supports.

Choose a small next step

A goal or possibility the person wants to explore:

One action and who can help:

A date to revisit what was learned:

Keep in mind
School-based transition requirements apply in specific IDEA contexts. Adult services use separate processes. Confirm current options with the relevant agencies and providers.